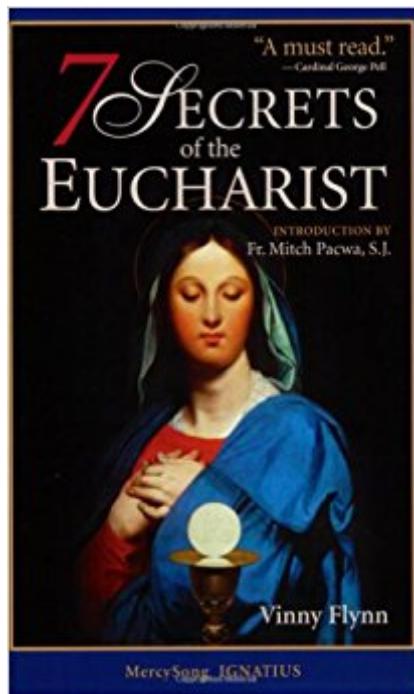


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# 7 Secrets Of The Eucharist



## Synopsis

Pope John Paul II referred to the Holy Eucharist as the greatest treasure of the Church, and yet even many devoted Catholics have a very limited understanding of this powerful sacrament. This book will change all that. The reader will come away with a completely new awareness that the Eucharist is not just about receiving Communion; it's about transforming your daily life. Deeply based on the Scriptures, the writings of the Saints, and the teachings of our two most recent Popes, this profound and remarkably readable book will introduce you to some of the hidden truths of the Eucharist truths that have always been embraced by theologians, saints, and mystics, but have rarely been passed on to the average person in a meaningful way. In 7 Secrets of the Eucharist, these truths are finally made accessible to all, as author Vinny Flynn shows how each reception of Holy Communion can be a life-changing experience. No matter how much or how little you already know about the Eucharist, the secrets revealed here will bring you to a new, personal Emmaus experience, again and again. Perfect for personal devotion, catechesis, study groups, book clubs, and theological studies, 7 Secrets of the Eucharist will rekindle the Eucharistic amazement called for by Pope John Paul II.

## Book Information

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## Customer Reviews

Providentially the day I write this review being The Feast of Corpus Christi the next book I turned to in my book queue was 7 Secrets of the Eucharist by Vinny Flynn put out by Ignatius Press. I had read a good review of it in the Catholic blogosphere earlier and ordered it. One of the reasons the Church gives us feasts in the first place is often to emphasize a mystery. It would be wonderful if

once are intellects grasped something it was immediately incorporated in our will and daily lives, but the fact is that even with great mystery of the Eucharist of which we can never fully plumb we still become complacent. Feasts such as today's can help remind us and to restore that wonder and so too can good spiritual reading.<sup>7</sup> Secrets of the Eucharist is exactly that type of book. It is not an apologetic book on the Eucharist but a helpful guide on living out this Holy Sacrament. At 107 pages the book is an easy read, but its shortness has nothing to do with its usefulness. The author admits that what he has to say are not secrets in reality, but information that seems to be lost to many in however they received their catechesis. I would call them virtual secrets because they are not put much in practice, but are certainly part of the Church's constant teaching. The seven secrets he lays out are immediately useful for application and he says of course the number seven in this case does not limit the actual great number of helpful advice in incorporating the Eucharist fully into our lives, but just seven he has picked out. Prominently he uses the writings of St. Faustina to illustrate his points. Also referenced are Papal documents, the Catechism, Saint Padre Pio, and several other saints.

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